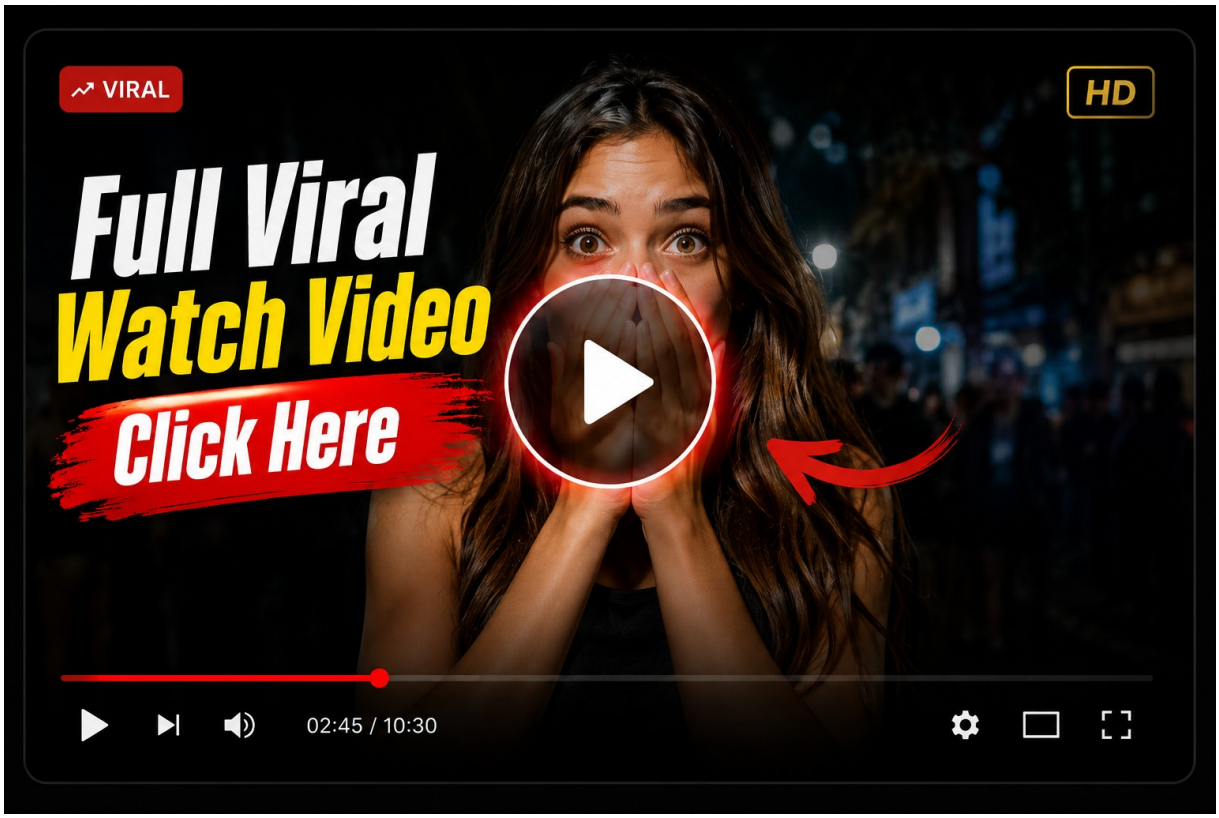196. day 1 makan duren colmek